

Happiness is considered very important in life why it is difficult to define?

What are the significant for achieving it thoroughly?

Happiness is one of the ambiguous concepts that almost everyone is seeking ~~for~~ in their lives. Nevertheless, a small the minority of people have been able to could find it. It is an inside feeling and couldn't be measured, hence it is considered by some other tangible factors such as money, authority, power, education and position.

All these factors are likely to lead to happiness but it is not necessarily the consequent of them. Each individual might face both rich and famous pupils who feel miserable; instead there are so many examples of ordinary people who live happily. Although there is no defined factor that determines happiness, there are lots of signs that could be considered as the right way to reach it. The most important one is self-knowledge. to put it simply, it is so important for everyone to know which factors make them happy and satisfied. There are different ways for being happy which depends on the way of thinking (attitude). some believe money brings luck and happiness, whereas others think gaining fame, respect as well as higher level education are leading to it in which that case the importance of self-knowledge would be specified if someone definitely knew know that what makes her or him happy they would certainly could set the ultimate goal and choose the best way to reach it.

The second important factor to me for being happy is not to ignore the feeling in our lives. Nowadays people are persuaded to forget about their feelings in different situations s in their life especially when they are tempted tempts with material issues. After a period of time they might gain their goals but happiness and satisfaction are not seen in their lives. In my point of view it is more important to care about all aspects of life together because human beings are is not one-dimension creatures s and you would unlikely find really happy individuals s who would succeed just in one aspect.

To sum up, happiness is a mysterious word although it cannot be measured, there are some factors that could guide people to achieve it. The most important key is self-knowledge that could assist in finding to find the main goal and plan for a perfect schedule and the second stage is to try to care about all aspects of life and especially become circumspect about the feelings to embrace the happiness thoroughly.