

despression

Binge

Edgy

Symptom

Constant pessimism

Irritability

Overeating

Anhedonia

Manifestation

Restlessness

Suicidal tendencies

Struggle with sth

Seek help

Palpable

Reach out

Often times

More often than not

Ease stress/depression

Loss of appetite

Of all the symptoms

Set sb off

Stay tuned

The sooner the better

Is attributed to

No longer am I in charge

Insomnia

Loss of faith

Overcome depression

You find yourself binge-eating

Ox tongue