

**Extreme sports such as sky diving and skiing are very dangerous and should be banned.**

**To what extent do you agree or disagree with this view?**

According to some people activities like sky diving and skiing, known as extreme sports are hazardous which can cause serious physical damages, thus, they must be prohibited. I do not agree with this view for twofold reasons.

Firstly, in my opinion, forbidding people from extreme sports will not make them avoid them, besides preventing individuals from ~~extreme-such~~ sports as a legal ~~requirement~~necessity will cost a great deal of money because activities such as parachuting or great wave surfing take place in remote areas like the top of a mount, in the edge of a cliff, or middle of the sea. Hence, banning extreme sports requires plenty of facilities like cameras, gates, and a lot of trained staff as guards or police officers. Even with all these, it is impossible and absurd to control all mountain areas and coasts to ban people from the activities they love.

Secondly, people who do extreme sports must be trained before they start, for instance, a person who has a particular liking for skydiving is not allowed to do it before he or she finishes the trains that are required, even after gaining all the essential skills he or she is not allowed to try the first time alone, it is possible merely with a professional person. Furthermore, individuals who ~~derive pleasure~~/get great enjoyment out of extreme sports always use protective equipment like a helmet, life jackets, mouth guards, or safety mats that dramatically diminish the likelihood of any (a) accident.

~~The by~~ way of conclusion, banning people from extreme sports due to their danger is ~~neither~~/not a ~~wise-wise~~ idea and ~~nor a possibility~~/it is not possible as well. I believe, instead of preventing those activities, it is

better to try to enhance ( excess) safety by providing more protection facilities and a higher level of skills.